

Free Ride Team Schedule for 2009 / 2010

<u>Date/ Time</u>	<u>Activitiy</u>
November 28 and 29	Equipment Check, Goal Setting, Dryland Training at Wintegreen
December 5 to 12	Pre-season Race Camp at Copper Mountain
December 5th and 6 th	No Practice at Wintergreen
December 12 and 13	Practice at Wintergreen if Resort is Open
December 21 and 22	Practice at Wintergreen
December 27 to 31	Free Ride Camp at Wintergreen
January 2 and 3	Practice at Wintgreen
January 9th and 10th	Practice At Wintergreen
January 16,17,18	Practice At Wintergreen
January 23rd and 24th	Practice At Wintergreen
January 30th and 31st	Practice at Wintergreen
February 6th and 7th	Practice at Wintergreen
February 13th and 14th and 15th	Practive At Wintergreen
February 20th and 21st	Practive At Wintergreen
February 27th and 28th	Practive At Wintergreen
March 5th and 6th	Practice at Wintegreen