

Wintergreen Ski Race/Freeride Camp Copper Mountain, Colorado 2011



Dec 4th-10th 2011

The 6th annual camp at Copper Mountain

This camp has been very popular and we are excited to be able to offer it again this year. With three different session options to choose from we hope that you can find one that works for you so you can join us in getting ready for the season.

A day at race camp for racers starts with warm-ups in boots 15 minutes before the lifts open (8:15am or 8:45am). We then take the lifts up for some warm-up runs and some training runs. We take lunch around Noon for 45 minutes and then go back out for 3-4 hours of skiing/training. Lane/gate training will be mixed in with free skiing and drills. Times for lane gate training, video sessions and drills will be announced daily. Lift tickets and lunch coupons will be given out daily. We will also do clinics with the adults including video sessions.

For freeride team members the camp is extra special as the US Snowboard Grand Prix will be at Copper Mountain during our camp dates. You can watch and ride with some very experienced athletes. The same schedule will be set for freeride team members. 8:15 warm ups ski and ride drills with coaches, lunch at noon in Jacks cafeteria and another session in the afternoon. The freeride team will also have at least one session in the barn at Copper Mountain's Woodward center. This indoor facility is geared toward the freeride specialist looking to gain specific freeride experience.

The camp is open to ages 8 and above; D-team, Race team and Freeride team. (D-team members who have not attended camp will need to be approved by Chris Shepard)

Option 1: Three days on snow, Dec 4th-6th, traveling on Saturday Dec 3th and Wednesday Dec. 7th

Option 2: Six days on snow, Dec 4th-10th (with Wednesday being a free day) traveling on Saturday Dec 3th and Sunday Dec 11th

Option 3: Three days on snow, Dec 8th-10th, traveling on Wednesday Dec 7th and Sunday Dec 11th

All three options include; Transportation to and from airport, Lodging (2bd room or a limited # of one bedroom condos slope side), Meals, Lift tickets, Training lane, coaching, supervision.

Air fare is a separate cost. We will recommend flights with arrival times that allow for transport vans to be used*. Anyone who wishes to arrive at a different time will be responsible for their own transportation to Copper Mountain.

Please use the form on the next page to register and book your spot. This trip will be very popular and will fill up quickly.

Parents are encouraged to participate and will pay the same cost as racers. Lodging is a minimum of 4 people and a maximum of 6 people per 2bdroom condo. Any special lodging requests will be accommodated with an appropriate charge.

The price of option one is \$765.00, option two \$1355.00

*To use our transport vans from the Denver airport to Copper Mountain;

1. Your flight must arrive in Denver on your arrival date before 12:00pm
2. Your flight must depart Denver on your departure date after 10:00am

The preceding times are set so that vans can make one trip with all passengers and luggage and so that no one has to sit around for hours waiting for others that might arrive at other times of the day or evening. If you want to rent a vehicle to have for transportation while you are at Copper then your flight can arrive anytime.

Please contact me via email cshepard@wintergreenresort.com with any questions you might have. Thank you

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Name _____
(If multiple participants List all names followed by age)

Age _____ Email _____

Address _____

Phone _____ Cell _____

Option 1 or 3 _____ x \$765.00 = _____

Option 2 _____ x \$1355.00 = _____

Credit card # _____ Exp Date _____

Return via email to cshepard@wintergreenresort.com or if returning by mail or paying by check, send to;

Chris Shepard

PO Box 706

Wintergreen Resort

Wintergreen, VA 22971